

Sawera Nasir

Clinical Psychologist

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Objective

Seeking for an opportunity in your reputed organization to practice and merge my practical knowledge and experience to help clients in dealing with their problems and lead them to a better future. I am accustomed to excel in a competitive, challenging, and fast-paced working environment. I would like to dedicate my innate abilities to achieve the target required by your organization.

Experience

Al-Hayat Hospital

- *Doing private practice.*

NUML University (Karachi)

- *Working as Lecturer (Visiting Faculty)*

Vital Pakistan Trust

- *Perform neurodevelopment assessment at community level on the infant using standard tools for the trial.*
- *Communicate with families and counsel them on the use and applicability of the tools being used for neurodevelopment assessment.*
- *Train other research staff on neurodevelopment assessment tool.*
- *Conducted FDI and IDI interviews of participants.*
- *Monitor field activities pertaining to neurodevelopment assessment.*
- *QA/QC of the data*

Sehat Kahani

- *Providing counseling to clients online*
- *Dealing with patients struggling with anxiety, depression, emotional problems*
- *Working in accordance with policies and procedures which govern confidentiality and data protection, information sharing and disclosure*

Dawai.pk

- *Providing counseling to clients online*
- *Dealing with patients struggling with anxiety, depression, emotional problems*
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Institute of Clinical Psychology

- *More than 20 assessment battery each of children (2-8 tests each battery) and adults (5-8 tests each battery) and Psycho diagnostic reports.*
- *Psychotherapeutic sessions of multiple therapies, including CBT, CCT, REBT, Play and Art therapy under supervision etc., per semester of children and adults both.*
- *Courses include Psychotherapy of children and adults, Research and Statistics, Psych diagnosis, Neuropsychology and Neurophysiology, Psychopharmacology etc.*

Jinnah Post Graduate Medical Centre

- *Maintaining accurate records of clinical work.*
- *Providing counseling to clients.*
- *Dealing with a workload that includes patients struggling with anxiety, depression, emotional problems and addictions.*
- *Assessing a client's needs, abilities or behavior using a variety of methods.*
- *Working in accordance with policies and procedures which govern confidentiality and data protection, information sharing and disclosure.*
- *Participating in all mandatory and essential training.*

Civil Hospital Karachi

- *Maintaining accurate records of clinical work.*
- *Providing counseling to clients.*
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EDUCATION & ACHIEVEMENTS**EDUCATION:****MPhil In Clinical Psychology**

Institute of Clinical Psychology, University of Karachi.

B.S in Psychology

University of Karachi.

Higher Secondary School Certificate

Board of Intermediate Education Karachi

Secondary School Certificate

Board of Secondary Education Karachi

- **Gold Medalist in SSC BOARD EXAMS for highest percentage from NISHAN-E-HAIDER ALMA MATER.**
- **Won art competition.**
- **Received Best Student Award.**

SKILLS

- Psychological assessments
- Experienced providing mental health support within private sectors dealing with adults exhibiting mental health issues.
- Good communication and interpersonal skills.
- Ability to work under pressure.
- Able to research topics in a methodical and thorough manner.
- Proficient user of Microsoft Office tools.

Interests

- Reading Articles
- Counseling
- Internet surfing
- Research